MOHAMMAD TAHIR

CONTRACTUAL LECTURER (ACADEMIC ARRANGEMENT) | PSYCHOLOGY

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CAREER OBJECTIVE

To contribute to higher education through effective psychology teaching, student engagement, and the promotion of scientific understanding of human behaviour. Committed to fostering conceptual clarity, critical thinking, and awareness of mental health and well-being through evidence-informed teaching practices.

ACADEMIC QUALIFICATIONS

Qualification	University	Year	Percentage
M.A. Psychology	University of Kashmir	2023	79.98%
B.A.	University of Kashmir	2020	70.10%

OTHER QUALIFICATIONS

• Qualified UGC-NET in Psychology (3×).
• Qualified GATE-XH (Psychology), 2025.

AREAS OF ACADEMIC INTEREST

General and Cognitive Psychology • Biopsychology • Psychopathology • Mental Health and Well-being • Health Psychology • Educational Psychology • Digital Psychology

ACADEMIC AND PROFESSIONAL SKILLS

• Psychology teaching and classroom management
• Academic content development
• Student assessment and evaluation
• Public speaking and academic presentations
• Mental health awareness and student engagement

WORKSHOPS ATTENDED

• “Positive Mental Attitude for Healthy Mind & Body,” Department of Psychology, University of Kashmir, Srinagar, 4 November 2022.
• Three-day Students Development Program on “Career Development Opportunities: Current Scenario and Future Prospects,” Hostel Administration, University of Kashmir, 5–7 October 2021.
• Symposium on “Mental Health & Well-being,” Department of Psychology, University of Kashmir, 12 October 2022.
• Two-day Workshop on Drug De-Addiction and Rehabilitation, University of Kashmir.
• Two-day Workshop on “Digital Wellbeing and Inclusion,” Department of Psychology, University of Kashmir, Srinagar, 28–29 April 2025.

TEACHING EXPERIENCE

Contractual Lecturer (Academic Arrangement) – Psychology
Government Degree College, Pampore, Jammu & Kashmir | Date of Joining: 11-08-2026 | Present

• Deliver psychology lectures to undergraduate students using clear explanations and relevant real-life examples.
• Prepare lecture notes, teaching materials, classroom questions, and assessment papers aligned with course requirements.
• Conduct student presentations, internal assessments, and psychology practical-related academic activities.
• Promote critical thinking, classroom participation, and awareness of mental health and well-being.