Curriculum Vitae

Name: Dr. Sidrat Ul Muntaha Anees

Parentage: Anees Ahmad Hamdani

Permanent Address: Tawheed Abad Nowshera, Srinagar

Present Address: Haji bagh Buchpora, Srinagar

Designation: Assistant Professor (Senior Scale)

Department: Geography

Qualification: M.Sc (Gold Medalist), NET, Ph.D

Teaching Experience: 11 years

Worked as Contractual Lecturer (Academic Arrangement) at Govt. College for Women, M.A Road, Srinagar, J&K from April 2016 to March 2017.

Posting details:

1. **Worked as Assistant Professor at Govt. College for Women, M.A Road, Srinagar, J&K (April 2017 to 11-12-2023)**
2. **Presently posted at Govt. Degree College Pampore (11-12-2023 to present)**

Research papers

1. **"Assessment of the Seismic Vulnerability of Residential Buildings of Srinagar City Jammu And Kashmir"**
   Sidrat Ul Muntaha Anees, M. Sultan Bhat
   Department of Geography & Regional Development, University of Kashmir, J&K
   International Journal of Advanced Research in Engineering and Technology (IJARET), ISSN 0976 – 6480 (Print), ISSN 0976 – 6499 (Online), Volume 6, Issue 2, February (2015), pp. 20-27.

2. **"Field Survey on Historical Monuments for Assessment of Earthquake Resistant Structures: Case Study of Srinagar Capital City of Jammu & Kashmir, India"**
   Sidrat Ul Muntaha Anees[1]*, M. Sultan Bhat[1], and O. P. Mishra[2]
   [1]Department of Geography & Regional Development, University of Kashmir
   [2]Formerly SAARC Disaster Management Centre, New Delhi (Now Ministry of Earth Sciences, New Delhi)
   International Journal of Scientific and Research Publications, Volume 5, Issue 12, December 2015, ISSN 2250-3153, pp. 109-119.
3. **"Study on Relationship between Types of Music Listening and Driving in Kashmir Valley"**
   Nusrat*, Bilal Ahmad Bhat**, Munazah Yaqoob***, Tahira Sidiq****, Shazia Naseem****, Sadiqa Shafiq**** & Sidrat Ul Muntaha Anees*****
   * Faculty of Music and Fine Arts, University of Kashmir, Srinagar Jammu & Kashmir
   **Division of Social Science, Faculty of Fisheries, SKUAST-Kashmir, Jammu & Kashmir
   ***RTCPPPM, SKUAST-Kashmir, Shalimar, Jammu & Kashmir
   ****Institute of Home Science, University of Kashmir, Srinagar, Jammu & Kashmir
   ***** Department of Geography & Regional Development, University of Kashmir, Srinagar, Jammu & Kashmir
   International Journal of Multidisciplinary Research and Modern Education (IJMRME) ISSN (Online): 2454 – 6119, Volume I, Issue I, 2015, pp. 237-245.
4. **"A Study on Relationship Between Mathematics and Music"**
   Bilal Ahmad Bhat*, Muhammad Ashraf Wani**, Nusrat*** & Sidrat Ul Muntaha Anees****
   *Division of Social Science, Faculty of Fisheries, Rangil Ganderbal, SKUAST-Kashmir
   ** Department of History, University of Kashmir, Srinagar, Jammu & Kashmir
   *** Faculty of Music and Fine Arts, University of Kashmir, Srinagar, Jammu & Kashmir
   **** Department of Geography & Regional Development, University of Kashmir, Srinagar, Jammu & Kashmir
   International Journal of Multidisciplinary Research and Modern Education (IJMRME) ISSN (Online): 2454 – 6119, Volume I, Issue II, 2015, pp. 100-108.
5. **"History of Natural Disasters in Kashmir Valley, Jammu and Kashmir with Special Reference to Earthquakes"**
   Sidrat Ul Muntaha Anees[1] , M. Sultan Bhat[2]
   [1]Research Scholar, Department of Geography and Regional Development, University of Kashmir, J&K, India
   [2]Professor, Department of Geography and Regional Development, University of Kashmir, J&K, India
   International Journal of Innovative Research in Science, Engineering and Technology An ISO 3297: 2007 Certified Organization, Vol. 5, Issue 9, September 2016.

ISSN (Online): 2319-8753 ISSN (Print): 2347-6710, pp. 17163-17171.

6. **"Participation in Sports and Academic Performance of College Students in Kashmir Valley of J&K State"**
   Bilal Ahmad Bhat[1] , Intizar Ahmad[2] , Tasleema Bano[3] , Samira Khan[4] , Sidrat Ul Muntaha Anees[5] , Anish Tiku[6] and R.K.Sharma[7]
   [1]Division of Social Science, Faculty of Fisheries, SKUAST-Kashmir, J&K
   [2]S.H.Institute of Islamic Studies, University of Kashmir, Srinagar, 190006, J&K
   [3]Government College for Women, Nawakadal Srinagar, J&K
   [4]University of Dammam, Dept. of Business Administration, Kingdom of Saudi Arabia
   [5]Government College for Women M.A. Road Srinagar, J&K
   [6]Department of Music and Fine Arts, University of Kashmir, Srinagar, 190006, J&K
   [7]Temperate Sericulture Research Institute, Mirgund, SKUAST-Kashmir, J&K
   International Journal of Innovative Research and Review
   ISSN: 2347 – 4424 (Online), Vol. 4 (3) July-September, 2016, pp.46-54.
7. **"A Study on Geography of Pilgrimage Tourism and Environment: A Case Study of Kashmir Valley"**
   Bilal Ahmad Bhat[1], Sidrat Ul Muntaha Anees[2], Syed Naseem Zaffar Geelani[3], Fareed Ahmad Rafiqi[4], Samira Khan[5], Nusrat[6]
   [1]Division of Social Science, FoFy, SKUAST-Kashmir, J&K
   [2]Government College for Women, M.A. Road, Srinagar, Kashmir, J&K
   [3]Faculty of Forestry, Benihama, Watlar, Ganderbal, SKUAST-Kashmir, J&K
   [4]Department of Law, University of Kashmir, Srinagar- 190006, Jammu and Kashmir
   [5]University of Dammam, Dept. of Business Administration, Kingdom of Saudi Arabia
   [6]IMFA, University of Kashmir, Srinagar- 190006, Jammu and Kashmir
   International Journal of Engineering and Management Research
   ISSN (ONLINE): 2250-0758, ISSN (PRINT): 2394-6962
   Volume-7, Issue-4, July-August 2017, pp. 1-7.
8. **"Disaster Awareness and Preparedness among College Students in District Srinagar"**
   Sidrat Ul Muntaha Anees[1] and Asgar Hassan Samoon[2]
   [1]Government College for Women, M.A. Road, Srinagar, Kashmir, J&K
   [2]Higher Education Department, Govt. of Jammu and Kashmir
   JK Knowledge Initiative, Higher Education Journal
   Volume 1, No. 1, 2017, Higher Education Department, J&K. pp. 111-116.
9. **"A Study on Behaviour and Attitude towards Environment Issues among Female College going students of Kashmir Valley"**
   Sidrat Ul Muntaha Anees[1], Bilal Ahmad Bhat[2], S.N.Z. Gilani[3], Rizwana Malik[4], Irfana Jan[5], Asifa Ali[6] and Rabiya Mushtaq[7]
   [1]Government College for Women, M.A. Road, Srinagar, Kashmir, J&K
   [2]Division of Social Science, FoFy, SKUAST-Kashmir, J&K

[3]Faculty of Forestry, Benihama, Watlar, Ganderba, SKUAST-Kashmir, J&K
[4]Government Degree College Ganderbal, Kashmir, J&K
[5]Division of Social Science, FoFy, SKUAST-Kashmir, J&K
[6]Department of Library and Information Science, University of Kashmir, Srinagar, J&K
[7]Centre for Central Asian Studies, University of Kashmir, Srinagar, J&K
North Asian International Research Journal of Social Science & Humanities
ISSN: 2454-9827, Vol. 3, Issue-11 November, 2017, pp. 168-173.

10. **"A Study on Opinion of Girl Students of Kashmir Valley towards Participation in Sports"**
Bilal Ahmad Bhat[1], Nusrat[2], Samira Khan[3], Sidrat Ul Muntaha Anees[4], Tahira Sidiq[5], Intizar Ahmad[6], Rumysa Rafiq[7]
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[7]Department of Sociology, University of Kashmir, Srinagar, 190006, J&K
International Journal of Innnovation
ISSN: 0975 – 9808, Volume 7, Issue 1, (2017). pp. 1-7.

11. **"A Study on Disaster Awareness and Preparedness Among College Students In District Ganderbal of Kashmir Valley"**
Bilal Ahmad Bhat[1], Sidrat Ul Muntaha Anees[2], S. N. Z. Geelani[3], Nusrat[4], Irfana Jan[5], Bisma Ashraf Zargar[6]
[1]Division of Social Science, Faculty of Fisheries, Rangil Ganderbal, SKUAST-K, J&K
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[4]IMFA, University of Kashmir, Srinagar J&K
[5]Government Degree College Ganderbal, Ganderbal J&K
[6]Department of Food Technology, IUST, Awantipora, Pulwama, Jammu and Kashmir
International Journal for Science and Advance Research in Technology (IJSART)
ISSN [ONLINE]: 2395-1052, Volume 3, Issue 12, December, 2017. pp. 156-159.

12. **"Assessing the Liquefaction Susceptibility and Liquefaction Potential of Srinagar City, J&K on the basis of Standard Penetration Test"**
Sidrat Ul Muntaha Anees[1] and Ajaz Masood[2]
[1]Govt. College for Women, M.A Road, Srinagar, J&K,
[2]Road Research & Material Testing Laboratory, Design Inspection & Quality Control Department, Srinagar, J&K.
IAETSD JOURNAL FOR ADVANCED RESEARCH IN APPLIED SCIENCES
ISSN NO: 2394-8442, Volume 5, Issue 4, April, 2018. pp. 350-362.

13. **"Measuring the impact of Libraries on Students' Academic Performance at Higher Education Institutes in Kashmir Valley"**

    [1]Sidrat Ul Muntaha Anees, [2]Bilal Ahmad Bhat, [3]S.N.Z. Geelani, [4]Syed Javed Iqbal Kamili and [5]Asifa Ali

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    [2]Division of Social Science, Faculty of Fisheries, Rangil Ganderbal, SKUAST-Kashmir

    [3]Faculty of Forestry, Benihama, Watlar, Ganderbal, SKUAST-Kashmir, J&K

    [4]Gandhi Memorial College, Srinagar, J&K

    [5]Department of Library and Information Science, University of Kashmir, Srinagar J&K

    Building Smart Libraries, Changes, Challenges, Issues and Strategies

    Conference Papers of 3rd International Conference of Asian Libraries held at Central University of Kashmir during 6th to 8th August, 2018, pp. 547-553.

14. **"A Study on Students Perception and Approach towards Birds and Their Conservation"**

    Bilal A. Bhat[1], Parmil Kumar[2], Sidrat Ul Muntaha Anees[3], Nusrat[4], Intizar Ahmad[5], Munazah Yaqoob[6] and Masrat Siraj[7]

    [1]Division of Social Science, Faculty of Fisheries, Rangil Ganderbal, SKUAST-Kashmir

    [2]Department of Statistics, University of Jammu, J&K

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    [6,7]Division of Entomology, Faulty of Agriculture, Wadura, Sopore, SKUAST-Kashmir

    North Asian International Research Journal of Social Science & Humanities

    ISSN: 2454-9827, Vol. 4, Issue 9, September, 2018. pp. 82-97.

15. **"A Study on Job Satisfaction, Spirituality and Stress in Academic Institutions of Central Kashmir, Kashmir"**

    Bilal Ahmad Bhat[1], Sidrat Ul Muntaha Anees[2], Shazia Manzoor[3], S.N.Z. Geelani[4], Samira Khan[5], Asifa Ali[6], Shaziya Gull[7], Nusrat[8] and Intizar Ahmad[9]

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    [9]S.H. Institute of Islamic Studies, University of Kashmir, Srinagar, J&K

    International Journal of Latest Research in Humanities and Social Science (IJLRHSS) Vol. 02, Issue 12, January, 2019. pp. 01-09.

16. **"Dental Health Consciousness, Understanding, Attitude and Traditional Treatment among Students of Kashmir"**

    Bilal Ahmad Bhat[1], Syed Sabahat Ashraf[2], Shazia Manzoor[3], Samira Khan[4], Shayesta Rahi[5], Nusrat[6] and Sidrat Ul Muntaha Anees[7]

    [1]Division of Social Science, Faculty of Fisheries, Rangil Campus, SKUAST-Kashmir, J&K

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    [3]Department of Social Work, University of Kashmir, Srinagar- 190006, J&K

    [4]Imam Abdulrehman Bin Faisal University, Kingdom of Saudi Arabia, Dammam

    [5]Department of Obstetrics and Gynaecology, Lalla Ded Hospital, GMC Srinagar, J&K

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    [7]Government College for Women, M.A.Road Srinagar, Kashmir, J&K

    Noble International Journal of Scientific Research

    ISSN (e): 2521-0246, ISSN (p): 2523-0573, Vol. 03, No. 02, 2019. pp. 21-32.

17. **"Assessing the Socio-Economic Vulnerability to Earthquakes – A Study of Srinagar City"**

    Sidrat Ul Muntaha Anees

    Govt. College for Women, M.A Road, Srinagar, J&K, India

    International Journal of Research and Analytical Reviews (IJRAR)

    E - ISSN 2348-1269, P - ISSN 2349-5138, Volume 6, Issue 1, February 2019.

    pp. 1683-1695.

18. **"Attitude of Adolescent Students towards Reproductive Health Education In Kashmir Valley Of J&K State"**

    Syed Sabahat Ashraf[1], Shayesta Rahi[2], Sidrat Ul Muntaha Anees[3], Bilal Ahmad Bhat[4], Shafia Jan[5], Aqleemul-Islam[6], Farhana Shaheen[6] and Masrat Siraj[7]

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    North Asian International Research Journal of Pharmaceutical & Medical Sciences

    ISSN: 2456-8287, Volume 3, Issue 3, March 2019. pp. 30-39.

19. **"A Statistical Analysis Concerning Awareness about Dengue Fever among University Students in Kashmir Valley"**

Bilal Ahmad Bhat[1], Sadiqa Shafiq[2], Sidrat Ul Muntaha Anees[3], Samira Khan[4], Shayesta Rahi[5], Nusrat[6], Saima Maqsood[7].

[1]Division of Social Science, Faculty of Fisheries, SKUAST-Kashmir, J&K

[2]Research Scholar, Institute of Home Science, University of Kashmir, Hazratbal, Srinagar, Kashmir, J&K

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Innovative Research in Applied Science and Technology

ISSN-2000-2001, Vol. No. 5, Issue No. 1, 2019. pp. 16-23.

20. **"A Study on Effects of Climate Change on Livelihood of the Society and Perception of Higher Secondary Students towards Environment"**

Bilal A. Bhat[1], Sidrat Ul Muntaha Anees[2], Shazia Manzoor[3], Munazah Yaqoob[4], Masrat Siraj[4], Tina Bhat[5], Sanna Ahadi[6] and Naqshib Mukhtar[6]

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[6]Department of Computer Science, University of Kashmir, Srinagar, J&K

Climate Change and Environmental Dynamics: An Indian Perspective

Edited by: Dr. S.M. Zuber and Dr. Khursheed Ahmad Wani, 2019, pp. 44-53.

21. **"On Local Perception of Climate Change and its Impact on Food Production in North Kashmir of J&K State"**

Sidrat Ul Muntaha Anees[1], S.N.Z. Geelani[2], Bilal A. Bhat[3], Sabahat Hussain[4], Saima Farooq[2], Asma Sultan[2] and Ishrat Nazir[2]

[1]Government College for Women, M.A. Road Srinagar, Kashmir, J&K

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Institute of Home Science, University of Kashmir, Hazratbal, Srinagar, J&K

Climate Change and Environmental Dynamics: An Indian Perspective

Edited by: Dr. S.M. Zuber and Dr. Khursheed Ahmad Wani, 2019, pp. 54-63.

22. **"A Study on Forecasting of Daily Deaths using Statistical Models and Consciousness of Students towards COVID-19 in Kashmir"**

Bilal Ahmad Bhat[1], Samira Khan[2], Shazia Manzoor[3], Aadil Tibetbaqal[4], Sidrat Ul Muntaha Anees[5], Nusrat[4], Intizar Ahmad[6] and Rahil Rafiq Rather[7]

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International Journal of Research and Review, E-ISSN: 2349-9788, P-ISSN: 2454-2237, Volume 7, Issue 4, April 2020. pp. 194-207.

23. "**A Study on Impact of COVID-19 Lockdown on Psychological Health, Economy and Social Life of People in Kashmir"**
Bilal Ahmad Bhat[1], Samira Khan[2], Shazia Manzoor[3], Afreen Niyaz[4], Humaira Jasmin Tak[5], Sidrat Ul Muntaha Anees[6], Shaziya Gull[7], Intizar Ahmad[8]
[1]Division of Social Science, Faculty of Fisheries, SKUAST-Kashmir, J&K
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[6]Government College for Women, M.A Road Srinagar, Kashmir, J&K
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[8]S.H.Institute of Islamic Studies, University of Kashmir, Srinagar, 190006
International Journal of Science and Healthcare Research, ISSN: 2455-7587, Volume 5, Issue 2, April-June 2020. pp. 36-46.

24. **"Health awareness and health well-being among people of central Kashmir in Kashmir valley during COVID19 pandemic"**
Bilal Ahmad Bhat[1], Aliya Mehraj[2], Sidrat Ul Muntaha Anees[3], Nusrat[4], Arizo Jan[5], Mir Iqra Farooq[5], Aadil Tibetbaqal[6] and Intizar Ahmad[7]
[1]Division of Social Science, Faculty of Fisheries, Rangil, SKUAST-Kashmir, J&K, India
[2]Department of Zoology, University of Kashmir, Hazratbal Srinagar, J&K, India
[3]Government College for Women, M.A Road Srinagar, Kashmir, J&K, India
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[5]Fisheries Resource Management, Faculty of Fisheries, Rangil, SKUAST, Kashmir, J&K,
[6]IMFA, University of Kashmir, Hazratbal Srinagar, Jammu and Kashmir, India
[7]SH Institute of Islamic Studies, University of Kashmir, Srinagar, J&Kashmir, India
International Journal of Applied Research (IJAR), ISSN Print: 2394-7500, Online: 2394-5869, Volume 7, Issue 5, 2021. pp. 146-152.

25. **"Assessing Disaster Mitigation among the Inhabitants of Srinagar City, Jammu and Kashmir with special reference to Earthquake Hazards"**
Sidrat Ul Muntaha Anees
Government College for Women, M.A Road Srinagar, Kashmir, J&K, India

International Journal for Innovative Research in Multidisciplinary Field, ISSN 2455-0620, Volume 7, Issue 8, Aug 2021. pp. 41-49.

Induction Programme

Attended "**3rd Three Week Orientation Programme**" for Newly Recruited Assistant Professors in Zoology, Chemistry, Geography and Commerce, Department of Higher Education, Govt. of J&K (Kashmir Division) organized by the Institute of Advanced Studies in Education, M.A Road, Srinagar from 26-04-2017 to 18-05-2017.

Orientation Programme

Attended Four Week **77th General Orientation Course** at UGC-Human Resource Development Centre, University of Kashmir, Hazratbal, Srinagar from 26th December, 2017 to 23rd January, 2018.

FD Programme

Completed Two Weeks Faculty Development Programme on "MANAGING ONLINE CLASSES and CO-CREATING MOOCS: 2.0" from 18th May to 3rd June, 2020 conducted by Teaching Learning Centre, Ramanujan College, University of Delhi sponsored by Ministry of Human Resource Development, Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching.

Participated in Online Inter-National Level Faculty Development Workshop on "CCEs through Google Classroom" organized by Dr. D.Y Patil Institute of Management Studies, Akurdi, Pune on 6th November, 2020.

Participated in Personality Development Programme on "Stop Worrying Start Living" organized by Department of Commerce, Bharat Ratna Puratchi Thalaivar, Dr. MGR Government Arts and Science College, Placode on 10th July, 2020.

Participated in Two Day National Level Online Faculty Development Programme on "Investing with Confidence" organized by Department of Management Studies, Ballari Institute of Technology and Management under the aegis of IQAC on 17th – 18th July, 2020.

Completed Two Weeks Faculty Development Programme on "MANAGING ONLINE CLASSES and CO-CREATING MOOCS: 3.0" from 25th July to 10th August, 2020 conducted by Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of Ministry of Human Resource Development, Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching.

Participated in a One Week Online International Faculty Development Program on "Recent Advances in Mathematics and Statistics" jointly organized by Department of Mathematics,

Institute of Science and Center for Learning and Sustainability, GITAM, Visakhapatnam, Andhra Pradesh, India from 3rd to 8th August, 2020.

Conferences (International)

1. Presented a paper entitled 'Jammu and Kashmir Disaster Management Plans and Policies – Present and Future' in the International Geographical Union (IGU) Commission Conference, organized by Department of Geography and Regional Development, University of Kashmir, Srinagar, India from 4th to 5th June, 2014.
2. Presented a paper entitled 'The Geography of Pilgrimage Tourism and Environment : A Case Study of Kashmir Valley' in Two Day International Conference on "Conservation of Environment and Role of Religion" from 5th to 6th July, 2017 organized by Department of Religious Studies, Central University of Kashmir in collaboration with Institute of Objective Studies, New Delhi, India.
3. Presented a Research paper entitled '**Awareness and Attitude towards Wildlife Conservation among Students of Kashmir Valley**' in the ESW 3rd International Research Conference on Eco-Tourism and Environment during 29th to 31st July, 2018 organized by Environment and Social Welfare Society, Khajuraho, Madhya Pradesh, India, held at Sher-e-Kashmir University of Agricultural Sciences and Technology of Kashmir, Shalimar Campus, Srinagar, J&K.
4. Presented a paper entitled '**Measuring the impact of Libraries on Students' Academic Performance at Higher Education Institutes in Kashmir Valley**' in the 3rd International Conference of Asian Libraries (ICAL) "Building Smart Libraries: Changes, Challenges, Issues & Strategies", organized by Central Library, Central University of Kashmir, J&K and Asian Library Association (ASIALA), New Delhi, India during 6th to 8th August, 2018 at Central University of Kashmir, J&K, India.
5. Presented two papers entitled '**Job Satisfaction, Spirituality And Stress in Academic Institutions of Central Kashmir**' and '**A Study on Approach of Adolescent Students towards Reproductive Health Education in Jammu Region of J&K State**' in Two Day International Conference on "Stress Management: Dimensions And Suggestive Measures" from 12-13 June, 2019 organized by Department of Psychology, Govt. Degree College for Women, Anantnag in collaboration with the Institute of Public Policy Research & Development.
6. Presented two papers entitled '**Assessing the impact of COVID-19 on the health of college students in Kashmir division of Jammu and Kashmir, India**' and '**A Study on Health Awareness and Health Well-being Among People of Ganderbal District of Kashmir During COVID-19 Pandemic 2020**' in the "3rd International Congress Of Human And Social Science Researches" organized by Journal Of The Human And Social Science Research (ITOBIAD) in 19th to 23rd November, 2020.

Conferences (National)

1. Presented a paper entitled '**On Local Perception of Climate change and its impact on Food Production in North Kashmir of J&K State**' in National Conference on "Climate Change and Human Health: Issues, Concerns and Opportunities" from 8th to 9th October, 2018 organized by Department of Zoology & Environmental Sciences, Govt. Degree College, Bijbehara, Anantnag, J&K.
2. Presented a paper in the National Conference on Fisheries and Climate: Strategies, Challenges and Sustainable Management (18th – 19th July 2019) organized by Division of Fishery Engineering, Faculty of Fisheries, Sher-e-Kashmir University of Agricultural Sciences and Technology of Kashmir in collaboration with Ministry of Earth Sciences, Govt. of India.

JK Science Congress

1. Participated and made Oral Presentation in the Ninth JK Science Congress and Regional Science Congress held at University of Kashmir from 1st to 3rd October, 2013.
2. Attended and presented a paper in the 11th JK Science Congress conducted from 12th to 14th October, 2015 organized by University of Kashmir sponsored by J&K State Science, Technology and Innovation Council and DSI, GOI.

J&K Women Science Congress

1. Presented a paper entitled 'Thyroid Disorders among Females in Srinagar City' in the 5th J&K Women Science Congress on focal theme "Emerging Trends in Science: Role of Women" organized by Govt. College for Women, M.A Road, Srinagar, Cluster University Srinagar, funded by J&K State Science, Technology and Innovation Council from 27th to 29th March, 2018 and was awarded **First Prize (Poster Presentation)**.

National Seminar

1. Presented a paper in the UGC-SAP sponsored Two Day National Seminar on "Himalayan Resources: Issues, Challenges and Management Strategies" organized by the Department of Geography and Regional Development, University of Kashmir, Srinagar, J&K 11th to 12th October, 2011.
2. Presented a paper entitled 'Behaviour and Attitude towards Environmental Issues among College going Female students of Kashmir Valley" in One Day National Seminar held at Govt. Sheikh-ul-Alam Memorial (S.A.M) Degree College Budgam J&K on 26th October, 2017.

Seminar

1. Participated in the Seminar on 5th June, 2013 organized by Department of Environmental Science and Centre of Research for Development in collaboration with National Service

Scheme, University of Kashmir, Srinagar on the theme "Think: Eat: Save: Reduce Food Prints"

National Workshop

1. Presented a Paper titled 'A study on Awareness of Water Wastage and Attitude towards Water Conservation in a Domestic Setting in Srinagar, Kashmir Valley' in 3-Day National Workshop on "Disaster Resilience of Kashmir in the Face of Climate Change" organized by the Department of Environmental Sciences, Abdul Ahad Azad Memorial Degree College Bemina, Cluster University, Srinagar, J&K from 13th to 15th November, 2017.

Training Programme

1. One Week Training Programme on "Digital Image Processing, GIS, GPS and its Applications" conducted at Regional Remote Sensing Centre (West), Jodhpur during 10th to 16th May, 2012.
2. Three Day Course on "School Safety" conducted by the J&K Institute of Management, Public Administration and Rural Development from 6th to 8th May, 2013.
3. Three Days Training Programme on "Rapid Visual Screening of Buildings" (sponsored by National Institute of Disaster Management, Ministry of Home Affairs) during 19th to 21st June, 2013 jointly organized by Gautam Buddha University, Greater Noida and National Institute of Disaster Management (NIDM), New Delhi held at Gautam Buddha University, Greater Noida, Uttar Pradesh, India.
4. SAARC Regional Training Programme on 'Children Safety including Children with Special Needs in South Asia' organized by the SAARC Disaster Management Centre (SDMC), New Delhi in collaboration with Department of Geography and Regional Development, University of Kashmir, Srinagar, from 6th to 12th November, 2013.
5. Six Day Workshop on Disaster Management organized by UGC-Academic Staff College in collaboration with the Department of Geography and Regional Development, University of Kashmir, Srinagar from 27th Jan to 1st Feb, 2014.

Webinars

Participated in 8 International webinars, 01 online international workshop, 14 National webinars, 14 webinars and 02 online training programme in the year 2020.