Report on One Day Training Programme on Disaster Management, Mitigation and First Aid

Organized By: Indian Red Cross Society in collaboration with the Red Cross Unit of Government Degree College Pampore
Date: 12-10-2026
Venue: College Mini Auditorium, GDC Pampore

A comprehensive One-day training programme on Disaster Management, Mitigation and First Aid was successfully conducted at Government Degree College Pampore on 12-10-2026 at 11:00 AM in the college Mini Auditorium. The event was organized by the Indian Red Cross Society, District Pulwama in collaboration with the Red Cross Unit of GDC Pampore. The initiative aimed to equip the college community with essential life-saving skills, emergency response protocols and disaster risk reduction strategies. The event witnessed enthusiastic participation from both faculty members and students.

The programme commenced under the esteemed guidance and motivation of the Principal, GDC Pampore, Prof. Gazala Gaiys, who's opening address highlighted the critical importance of disaster preparedness in educational institutions. Personnel from the State Disaster Response Force (SDRF) led detailed discussions on mitigation strategies. They focused on structural and non-structural safety measures, risk assessment and standard operating procedures to minimize damage during natural or man-made emergencies.

Medical professionals and expert volunteers from the Indian Red Cross Society conducted intensive sessions on immediate medical response. Participants were given detailed instructions on how to handle trauma, manage injuries and act efficiently during the critical "golden hour" of an emergency. The trainers demonstrated the correct technique for administering Cardiopulmonary Resuscitation (CPR), choking relief actions and basic splinting techniques for fractures.

The programme was marked by highly active participation from the students, who eagerly volunteered during the live demonstration sessions to practice CPR and first-aid drills. Faculty members also engaged with the experts during the interactive Q&A segments, discussing safety protocols tailored specifically for the college campus.

Dr. Sidrat Ul Muntaha Anees, Coordinator Red Cross Unit, GDC Pampore hosted the stage and smoothly moderated the entire programme, ensuring a seamless transition between the technical sessions. The training programme successfully met its objective of fostering a culture of safety and preparedness at GDC Pampore. By bridging the gap between theoretical knowledge and practical emergency response, the collaborative effort of the Indian Red Cross Society, SDRF, and the college Red Cross Unit successfully prepared a capable cohort of first-responders among the students and staff.

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Office of the Principal

Govt. Degree College Pampore

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Dr. Sidrat Ul Muntaha Anees
Coordinator
Red Cross Unit

PRINCIPAL
GDC Pampore

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★ Pampore ★

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