

## **Report on “Earthquake Response Mock Drill” - Two Days Awareness cum Training Programme held at GDC Pampore on 15<sup>th</sup> and 16<sup>th</sup> April 2024**

Disasters are a part of our lives so we need to be well prepared to face them in the most effective way. Earthquake response and preparedness training is very crucial for college students as college campuses being densely populated can pose a higher risk to the student community. Training students with essential skills can reduce their risk of injury during an earthquake. The Department of Geography and Red Cross Unit of the college in collaboration with the Jammu and Kashmir Civil Defence, Home Guards and State Disaster Response Force conducted Two Days Awareness cum Training Programme on 15<sup>th</sup> and 16<sup>th</sup> April 2024 at GDC Pampore. The objective of the Earthquake response mock drill was to educate the college students especially the Red Cross Unit volunteers about earthquake preparedness and response measures. It focused to equip them with emergency evacuation procedures in the event of an earthquake.

The two day programme was chaired by the worthy principal GDC Pampore, Prof. (Dr.) Huda Galzai. The programme started with a brief introduction by Coordinator Red Cross Unit, GDC Pampore Dr. Sidrat Ul Muntaha Anees who briefed about the importance of awareness programmes regarding Disaster management. Instructors from J&K Civil Defence, Home Guards and SDRF, Mr. Ghulam Nabi and Mr. Aijaz gave lecture regarding Emergency response during disasters and also gave practical demonstrations on emergency response life saving skills such as CPR. The programme was attended by faculty members from different disciplines of the college.





On the second day of the training programme, live practical demonstrations on emergency response and mock drills were conducted. Equipments which can be used during emergency response were shown to the students and their functioning was explained. Emergency response skills such as two hand, three hand and four hand seats, etc. were shown. Live demonstration of use of fire extinguishers in case of fire incidents was done along with rescue operations in case of emergencies. Students participated actively in the training programme along with the live demonstrations.

