

Report on Group Discussion on "Peer Pressure and Society"

8th April, 2026

Theme: Institutional Policy and Action Plan on Substance Abuse Prevention and Mental Well-Being Promotion.

The Debates and Seminars Committee of Government Degree College Pampore successfully organized its first activity, a **Group Discussion on "Peer Pressure and Society"**, on **8th April 2026** in **Room No. 9**. The programme was conducted in collaboration with the **Department of English** as part of the committee's ongoing series of academic and awareness initiatives focusing on mental well-being and social issues under the theme of **Institutional Policy and Action Plan on Substance Abuse Prevention and Mental Well-being Promotion**.

The session witnessed active participation from around **21 students**, who engaged enthusiastically in a thoughtful exchange of ideas. The discussion aimed to explore the impact of peer pressure on individual behaviour, decision-making, and mental health, particularly among youth in contemporary society. Students articulated their perspectives on both the positive and negative dimensions of peer influence, highlighting issues such as conformity, identity formation, substance abuse, and the importance of self-awareness.

The programme was moderated by Dr Shaifta Ayoub, Head, Department of English, who guided the discussion in a structured manner, encouraging critical thinking and respectful dialogue. The interactive nature of the session enabled students to develop confidence, communication skills, and analytical abilities.

The activity concluded on a reflective note, with participants acknowledging the importance of making informed and independent choices while navigating social pressures. Overall, the group discussion proved to be a meaningful and engaging academic exercise, aligning with the broader objective of fostering awareness, critical engagement, and mental well-being among students.

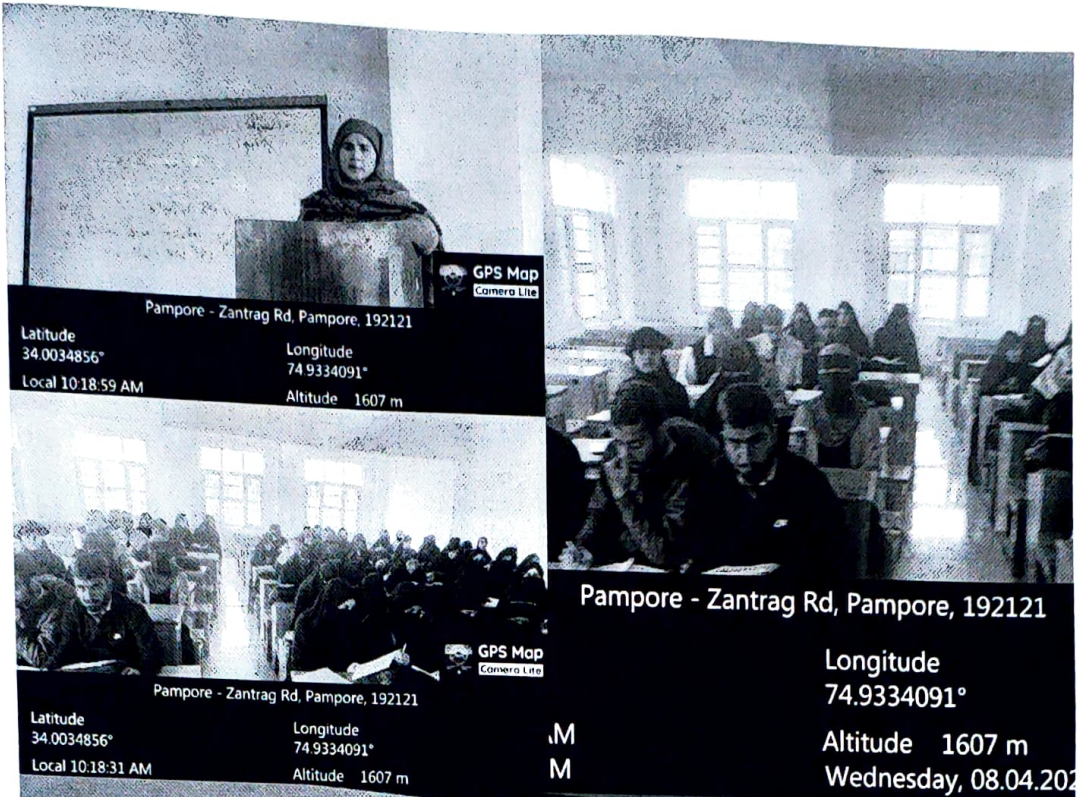
Convener.

Debates and Seminars Committee

Prof. Gazala Gaiys

Principal

GDC, Pampore



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G.D.C. Pampore - Debates & Seminars Committee
 Group Discussion on
 For Crime & Justice
 8th April, 2026
 Theme - Substance Abuse Prevention
 and Mental Well Being Promotion

Pampore - Zantrag Rd, Pampore, 192121



GOVERNMENT DEGREE COLLEGE PAMPORE

Email: gdc-pampore@jk.gov.in ; principalgdepampore@gmail.com

Activity: Group Discussion on Peer Pressure & Society
 Venue: Room no. 9 Date: 8/4/26
 Committee(s) involved (Organisers): Debates & Seminars
Department of English

S.No.	Name of the student	Roll No.	Semester	Contact No.	Signature
1	FAIZAN SAIF	06	2ND	7051623493	
2	Wajahat Hussain	31	2nd	8494091718	
3	Zaid Iqbal	12	2nd	9103938171	
4	FAIZAN SAIF	1			
4	Mohd. Amjad	29	-	9149913365	
5	Ronak Manzoor	180	2nd	8082636414	
6	Jibran Altaf	182	2nd	9622437429	
7	Hassib Manzoor	183	2nd	7006702910	
8	Saakir Sherbis	16	2nd	9541622425	
9	Syed Faig Khalid	75	-	9419089345	
10	Faizan Ah Ganaie	64	2nd	9103139936	
11	Sajad Ali	47	2nd	7008965240	
12	Amjad	29	2nd	7008980100	
13	Toqeer wani	39	2nd	9149605096	
14	Samir Showkat	133	2nd	600890670	
15	KAMRAN. AH. MIR	040	11	9906034584	
16	Mosavir- bilal	139	2nd	9908443517	
17	Zahid nazim	049	2nd	9103905826	
18	Muylasa Hussain	47	-	7889461999	
19	Sahil - farooq	01	-	7006559673	
20	Irfan Younis	149	-	802509913	
21	Mohd. musa Malik	150	-	7006063417	

Convenor / Coordinator / Teacher In-charge