Office of the Principal
Govt. Degree College Pampore
گورنمنٹ ڈگری کالج پانپور(کشمیر)

No: GDC/PMP/2026/NOTICE/1260 Dated: 17/10/2026

Subject: Extension Lecture on "Mental Health Matters"

NOTICE

The Psychological Counseling Cell, in collaboration with the Women's Development Cell and the Literary Club of the college, is organizing an extension lecture on **"Mental Health Matters"** on **19th October 2026** at 11 AM in mini-auditorium.

The session aims to sensitize students to the importance of mental health, emotional well-being, and the need to foster a supportive and understanding campus environment.

All students are encouraged to attend the lecture and make the most of this opportunity to learn, reflect, and engage in meaningful discussions on mental well-being.

Prof. Aliya Muzaffer
Convenor Psychological Counselling Cell.

Principal
Principal
Govt. Degree College
★ Pampore ★

Copy to:

1. Convener Women's Development cell/ College Literary Club for information.
2. Website admin to upload the same on college website.
3. Office record.

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